



Fundraising for Youth Cancer Trust

There are lots of ways you can raise money, from taking part in sponsored challenges, organising an event or holding a bake sale. Have a look at some of our ideas for inspiration, or you may want to come up with your own.

Sporting and Fitness Challenges

- Take part in a sponsored walk / cycle / run / swim / row.
- Join a Tough Mudder event.
- Take part in the 3 Peaks Challenge
- Host a sports tournament – darts / basketball/ football / volleyball
- Organise a danceathon, yogathon, zumbathon

Look out for organised events in your area or set your own challenge.

Community and Family Fun

- Host a summer fete / Christmas fayre
- Hold a raffle with donated prizes
- Organise a jumble sale or car boot
- Have a guess the sweets in the jar / the name of the teddy competition in school or the local community centre
- Have a movie night or pamper evening with family and friends
- Run a coffee morning and sell cakes you have made
- Run a sweet shop at school
- Have a charity car wash day in your local community or do odd jobs for friends and family
- Have a retro games day with an egg and spoon race / sack racing etc or a family Olympics. Get family / friends teams to race against each other

Fundraising in the Workplace

- Do a sponsored job swap with a colleague or your boss for an hour or a day
- Have a fancy dress / wear a funny hat / dress down or dress up day
- Make some cakes and sell them to colleagues

Entertainment

For fundraising that also allows you to socialise with family and friends, try some of these ideas:

- Hold a quiz / games / bingo night
- Organise a battle of the bands / music gig / talent show / dance / fashion show or karaoke event
- Have a clothes swap or up cycling evening with friends
- Hold a summer Garden party or BBQ
- Enjoy a pamper evening
- Do a master chef / come dine with me or bake off competition
- Organise a card / craft / jewellery making / floristry / sewing day, or sell crafts you have made
- You can charge a small entry fee to activities or invite people to make a donation for taking part

Fun / crazy challenges

If you feel like doing something a bit different, what about one of these ideas:

- Sponsored head shave
- Swear box
- Bathing in baked beans
- Sponsored silence

Or have fun thinking up your own idea!

Adventure

If you're looking for an adventure, how about an overseas challenge?

The Youth Cancer Trust uses Different Travel and Global Adventure Challenges to organise challenges on its behalf.

Here are some ideas:

- Indian Himalayas Trek and Community Project
- London to Paris Cycle Ride
- Everest Base Camp Trek
- China Great Wall – Add another brick in the wall – be part of the re-build of the Great China Wall

To find out more or look for other overseas challenges please contact us.

Once you've decided on your fundraising event / challenge, here's what to do next:

Contact us! We'd love to hear your plans and help in any way we can. We can send you flyers, a collection tin, our logo, sponsorship forms and a t-shirt to support your fundraising. We can also discuss through your ideas and help you plan.

If you are doing a sponsored challenge, you may want to set up a Just Giving page at www.justgiving.com.

Promote your event or challenge by telling friends and family / putting up posters at work / school or setting up a facebook group.

Think about health and safety considerations – see our tips below.

How To Stay Healthy, Safe and Legal

Don't take part in any sporting event unless you are fit and well enough to do so. Check with your GP if you have any doubts.

State on any fundraising material 'Our event is in aid of Youth Cancer Trust and all proceeds go to Youth Cancer Trust, registered charity number (England & Wales) No.1064736 and Scotland No. SC043065'

If you are hiring a venue, check if you need liability insurance or if the venue is covered. (work places and private hire halls often are.)

If you are doing any food preparation make sure you are aware of good food hygiene practise to prevent cases of food poisoning. Ensure you adhere to company food safety policies if bringing in stuff from home.

Collection tins can be used at private venues but you can't street collect without a license.

Do a risk assessment before hosting an event, consider if you need a first aider such as St. John's Ambulance or Red Cross present.

Look at whether you will need a license for alcohol or entertainment including recorded music. Your local authority may be able to help with this.

There are laws about carrying out raffles and prize draws. Check with the Gambling Commission if you're unsure.

Useful websites when planning your event

www.hse.gov.uk for useful tips on health and safety including carrying out risk assessments.

www.food.gov.uk for advice on food hygiene.

www.gamblingcommission.gov.uk

Youth Cancer Trust cannot accept responsibility for any events / challenges held by third parties.

After your fundraising event / challenge

Let us know how you got on!

Any money you have raised on Just Giving is automatically sent to us. You can also send us a cheque, or use the 'donate here' button on our website home page. Please don't send cash through the post.

Once we have received your donation we will send you a thank you letter so you know it has reached us.

Contact Us

For more information, or if there is anything we can help with please contact us:

www.youthcancertrust.org

Email: admin@yct.org.uk

Phone: 01202 763591

Tracy Ann House, 5 Studland Road, Bournemouth, BH4 8HZ

You can also join us on social media:

Twitter: twitter.com/youthcancerYCT

Facebook: Youth Cancer Trust

Thank you for supporting Youth Cancer Trust and good luck with your fundraising!